

Welcome to Clark Family Practice

We envision a clinic where you are seen by the same provider every visit and who makes you feel like family. We believe that good healthcare should be accessible and affordable and that you are treated with kindness and respect; a clinic that you can call up and get treatment over the phone (Telemedicine) or come to see us in person.

We offer free valet parking, have an in-house pharmacy, and are very conveniently located next door to Tristar Skyline Medical Center in the Skyline Medical Plaza Building.

Come visit us in person and experience again what truly great healthcare feels like.

- Russell Clark, FNP-C



Clark Family Practice

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Nashville, TN 37207

Phone: 615-988-1109
Fax: 949-798-7514
ClarkFamilyPractice.com
Monday - Friday 9am-5pm

CLARK FAMILY PRACTICE

Primary Medicine
Fluoroscopic Guided Hyalgan Joint Injections
Stem Cell Regeneration Joint Injections
Plasma Rich Platelet (PRP) Injections
Chronic Opiate Tapering Therapy
Chronic Benzo Tapering Therapy
School and Work Physicals
DOT Physicals
Obesity
Hypertension
Chronic Anxiety
Diabetes
Osteoarthritis Knees
Peripheral Neuropathy
Special Needs

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ClarkFamilyPractice.com



Our Services

Family Medicine

DOT Physicals , School and Work Physicals

Telemedicine

Receive immediate care for a variety of illnesses from your home, office or on-the-go using your phone or computer.

Special Needs

We specialize in treating the needs of individuals with Down syndrome and ASD, along with a variety of other special needs.

Fluoroscopic Guided Hyalgan Joint Injections

Stem Cell Regeneration Joint Injections

Plasma Rich Platelet (PRP) Injections

Chronic Opiate Tapering Therapy

Chronic Benzo Tapering Therapy

Procedures

Fluoroscopic Guided Hyalgan Joint Injections:

Hyaluronic acid (Supartz) injection is used to treat knee pain caused by osteoarthritis (OA) in patients who have already been treated with pain relievers (e.g., acetaminophen) and other treatments that did not work well. Hyaluronic acid is similar to a substance that occurs naturally in the joints. It works by acting like a lubricant and shock absorber in the joints and helps the joints to work properly.

Fluoroscopic Guided Stem Cell Injections:

Using fetal stem cells harvested from healthy full term deliveries. Stem cell treatments enable your body to actually rebuild your joints allowing for pain relief.

Fluoroscopic Guided Platelet Rich Plasma (PRP) Injections:

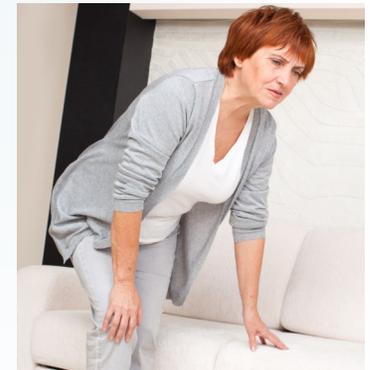
PRP can be carefully injected into the injured area. For example, in Achilles tendonitis, a condition commonly seen in runners and tennis players. The heel cord can become swollen, inflamed, and painful. A mixture of PRP and local anesthetic can be injected directly into this inflamed tissue. Afterwards, the pain at the area of injection may actually increase for the first week or two, and it may be several weeks before the patient feels a beneficial effect. Once only available to the super wealthy athletes, it is now available to you.

No More Knee Pain

86% of your knee pain gone in 35 days without painful and expensive surgery.

Learn more at

NoMoreKneePainBook.com



Schedule an appointment at ClarkFamilyPractice.com

Or call or text us at 615-988-1109

