

When to Choose a Walk-In Clinic Versus Emergency Room

Walk-In Clinic

Cold symptoms (coughs or congestion)
Sore throat
Fever or flu-like symptoms
Burns (minor)
Cuts (minor lacerations)
Allergic reactions (minor, e.g. no difficulty breathing)
Bruises, scrapes, rashes, other skin irritations, infections
Sports injuries, sprains, and strains
Mild asthma
Bronchitis
Animal bites
Cellulitis
Puncture wounds
Wound checks
Abscess
Dental pain
Eye infection or ear aches
Facial irritation
Head injury (minor, without loss of consciousness)
Breast tenderness
Urinary discomfort and retention (UTI)
Joint or muscular back pain
Fractures (without visible bone)
Headaches or migraines
Insect bites or stings
Nausea, vomiting

Emergency Room

Chest pain, difficulty breathing, or shortness of breath
Serious or severe injuries, burns, electrical shock, contamination, trauma

Broken bones

Uncontrolled bleeding

Vaginal bleeding during pregnancy

Coughing or vomiting blood

Altered mental state (confusion)

Suicidal thoughts or feelings

Stroke symptoms (see list in box below)

Seizure

Weakness / Dizziness / Fainting / Unconsciousness

Poison ingestion or overdose

Severe vomiting or suspected food poisoning

Abdominal pain

When the Walk-In Clinic is closed